**Breast Care glossary of terms**

**2WW Pathway** – is a request from your General Practitioner (GP) to ask the hospital for an urgent outpatient appointment for you (within 2 weeks), because you have symptoms suspected to be cancer

**Clinical Nurse Specialists (CNS)** - are dedicated to a particular area of nursing; caring for patients suffering from long-term conditions and diseases such as cancer.

**Consultant** - The most senior grade of hospital doctors and are responsible for leading a team. Every patient who is admitted to hospital will have a named consultant.

**Consultant Radiologist -** A specialist in the medical use of imaging to diagnose and treat disease seen within the body.

**Consultant Surgeon -** A specialist in surgery, which is a broad category of invasive medical treatment that involves operating on the body.

**Clinical Fellow** – Undertakes research in order to develop the science of medicine and can be any grade of doctor from a foundation year junior doctor to a consultant, combines specialty training with academic work.

**Diagnostic Tests** – are designed to detect a disease, its outlook and its spread throughout the body

**Registrar** – A doctor who works as part of a specialty training programme in the UK.

**Foundation Year Doctor -** (FY1 or FY2 also known as a house officer) is a grade of medical practitioner undertaking the Foundation Programme, a two-year, general postgraduate medical training programme which forms the bridge between medical school and specialist/general practice training.

**One stop clinic** – are designed to diagnose cancers early in people who do not have ‘alarm symptoms’ for a specific type of cancer. Some patients will receive a definitive diagnosis or all clear on the same day, while others will need to undergo further assessment, but can generally expect a diagnosis within two weeks of their first appointment

**Mammogram** - is an x-ray of the breast. Your breast is placed in between two plates, pressure is applied and the picture (image) is taken

**Tomosynthesis** - is a 3D mammogram. Your breasts are placed as they would be for a normal mammogram, then the arm of the machine moves around you taking pictures (images) as they move

**Ultrasound** - is where the doctor applies a jelly to your breast and a probe is used on the breast to create images seen on the screen using sound waves

**Stereotactic core biopsy** – uses a hollow needle to get a sample of breast tissue. Because tissue is taken rather than cells, it gives more detailed information. Several tissue samples may be taken at the same time.

**MDT/MDM** –Multi Disciplinary Team/Multi-Disciplinary Meeting is a team of health professionals who will provide your cancer care, this will include a radiologist and a surgeon. They have many different areas of expertise and will together make decisions regarding your care.

**Treatment plan -** A detailed plan with information about a patient’s disease, the goal of treatment, the treatment options for the disease and possible side effects, and the expected length of treatment.

**Definitions modified from:**

**King’s College Hospital NHS Foundation Trust:** <https://www.kch.nhs.uk/gps/refer-a-patient/two-week-wait>

**Breast Cancer Now:** [www.breastcancernow.org.uk](http://www.breastcancernow.org.uk/)

**Cancer Research UK:**  [www.cancerresearchuk.org](http://www.cancerresearchuk.org/)

**NHS England** - New ‘one stop shops’ for cancer to speed up diagnosis and save lives:

[- https://www.england.nhs.uk/2018/04/new-one-stop-shops-for-cancer-to-speed-up- diagnosis-and-save-lives/](https://www.england.nhs.uk/2018/04/new-one-stop-shops-for-cancer-to-speed-up-diagnosis-and-save-lives/)

**NHS website:** <https://www.nhs.uk/conditions/social-care-and-support-guide/help-from-social-services-and-charities/care-and-support-plans/>

**National Cancer Institute:**

[Definition of stereotactic biopsy - NCI Dictionary of Cancer Terms - National Cancer Institute](https://www.cancer.gov/publications/dictionaries/cancer-terms/def/stereotactic-biopsy)

[Definition of treatment plan - NCI Dictionary of Cancer Terms - National Cancer Institute](https://www.cancer.gov/publications/dictionaries/cancer-terms/def/treatment-plan)

**BMA:** [Doctors’ titles explained - Toolkit for doctors new to the UK](https://www.bma.org.uk/advice-and-support/international-doctors/life-and-work-in-the-uk/toolkit-for-doctors-new-to-the-uk/doctors-titles-explained)